



Umhlanga Rocks

Shop 9, Umhlanga Plaza,
Lagoon Drive, Umhlanga Rocks
☎ 031-561 1133

Starters

Clam Chowder	a thick 'n creamy clam, potato & herb soup	R50
Lobster Bisque	a rich creamy soup made with lobster	R55
Mussels in the Pot	in a creamy garlic sauce	R65
Prawn Coctail	shelled prawns on lettuce & topped with seafood mayo	R75
Snails	baked in garlic butter or a creamy garlic	R55
Calamari	grilled or fried	R75
Chicken Livers Peri-Peri	sautéed in creamy peri-peri sauce	R55
Camembert	crumbed, fried & served with cranberry sauce	R70
Avocado Ritz	avo filled with shelled prawns & topped with seafood mayo	R85
Oyster Shots	6 oysters drowned in "bloody mary"	R110
Smoked Salmon	served with onion, capers & horseradish	R75
Oysters (au Natural)	shucked & served on crushed ice	SQ
Seafood St Jacques	prawns, kingklip, calamari & mussels in a creamy cheese sauce, baked in the oven	R90
Black Mushrooms	grilled, topped with a creamy garlic sauce	R65

Shellfish

Million \$ Platter - for 2	2 baby lobsters, 4 langos, 10 queens, mussels, calamari & linefish	SQ
Seafood Platter - for 1	1 baby lobster, 2 langos, 6 queens, mussels & calamari	R335
Mixed Seafood Grill	mini platter for 1 - 1 baby lobster, 1 lango, 3 queens, calamari & mussels	R285
Ladies Platter	baby sole, 1 lango, 3 queens, mussels & calamari	R225
Langoustines	grilled in the shell	SQ
Tiger Prawns	grilled in the shell	SQ
King Prawns	grilled in the shell	SQ
Queen Prawns	8 queen prawns grilled in the shell	R180
Grilled Crayfish	various sizes available	SQ
Crayfish Thermidor	traditionally one of the best	SQ
Crumbed Prawns	shelled, crumbed & deep fried	R150
Prawn Creole	prawns out of the shell in a creamy fresh herb & white wine sauce	R150
Prawn Special	12 LM prawns - grilled	R150
Fisherman's Platter	a juicy piece of kingklip, 4 LM prawns & calamari, served with a rice & chips	R195

Salad

Green Salad	mixed greens with avo	R50
Greek Salad	greens, onion, tomato, feta, olives	R60
Avo & Shrimp Salad	garden greens with shrimp & avo	R85
Roquefort Salad	garden salad dressed with roquefort dressing	R70
Cajun Chicken Salad	cajun chicken strips on greens with feta	R70

Combos

Steak 'n Lobster	200g sirloin topped with cheese & mushroom sauce served with baby lobster	R210
Surf 'n Turf	200g sirloin topped with cheese & mushroom sauce 3 queen prawns	R170
Sole 'n Prawn	grilled baby sole, 6 LM prawns in the shell	R155
Kingklip 'n Prawn	grilled kingklip with 6 LM prawns in the shell	R175
Calamari 'n Prawn	6 grilled LM prawns in the shell with calamari	R150
Rib 'n Prawn	300g pork ribs & 6 grilled LM prawns	R155
Hake 'n Prawn	grilled hake with 6 LM prawns in the shell	R140
Baby Lobster 'n Prawn	baby lobster with 6 grilled LM prawns	R210

All the above served with rice & chips

Fish

Fillet of Kingklip	filleted-grilled or fried & served with chips & vegetables	R150
South Sea Kingklip	grilled & topped with a prawn, calamari, mussels in cheese sauce	R185
Sole	grilled & served with chips & vegetables	R145
Fresh Linefish	catch of the day - grilled served with chips & vegetables	SQ
Calamari	tender - grilled or fried	R140

Pasta & Vegetarian

Penne Caliente	bolognaise, ginger, garlic, chilli & dash cream	R85
Penne Arrabbiata	garlic, chilli & herbs in napoletana sauce	R70
Spaghetti Bolognaise	traditionally Italian	R75
Fettuccini Alfredo	mushrooms & ham in creamy parmesan sauce	R95
Fettuccini Con Pollo	mushrooms & chicken in creamy parmesan sauce	R95
Vegetarian Platter	chef's choice	R95

Meat & Poultry

Fillet - 250g	grilled & served with chips & onion rings	R160
Ladies Fillet - 200g	grilled & served with chips & onion rings	R130
Sirloin - 300g	grilled & served with chips & onion rings	R145
Ladies Sirloin - 200g	grilled & served with chips & onion rings	R115
SAUCES	monkeygland, pepper, garlic, cheese & mushroom	R28
Spare Ribs - 600g	BBG pork ribs with chips & onion rings	R140
Whole Baby Chicken	peri-peri or BBQ served with chips or onion rings	R130
Chicken Valdostana	crumbed chicken breast, covered with ham & melted mozzarella cheese	R110
Polla Alla Romano	marinated chicken breast cooked with mushrooms & fresh tomato sauce	R110
Oxtail Casserole	cooked slowly with red wine & vegetables served with rice or mash	R135
Scaloppine Di Vitello	crumbed slices of veal served with lemon caper butter	R120
Vitello Piccata	sliced veal in a cream, mushroom & wine sauce	R120

Garlic Bread		R20
Vegetables	fresh vegetables of the day	R28
Onion Rings	crispy deep fried onion rings	R28
Plate of Chips		R28
Curry		
Chicken & Prawn	shelled prawns & chicken pieces on the bone - medium	R120
Natal Prawn Curry	spicy medium, tomato based masala curry	R155
Mixed Seafood Curry	mixed seafood in medium curry	R140
Lamb Curry	tender lamb in medium curry	R130

Curries served with rice, pappadums & sambals

Kiddies Menu

Fish 'n Chips	battered hake & chips	R65
LM Prawns (9)	pan fried in the shell & served with chips	R95
Fish fingers	deep fried & served with chips	R50
Spare Ribs - 300g	char-grilled pork ribs in BBQ sauce with chips	R85
Hamburger & Chips	150g beef burger with chips	R60
Chicken strips	grilled & served with chips	R55

Desserts

Ice-Cream & Choc Sauce	vanilla ice-cream & hot Bar One chocolate sauce	R45
Cassata	Italian ice-cream cake	R50
Pecan Nut Pie	served with whipped cream	R45
Cheesecake	served with whipped cream	R45
Italian Kisses	Italian ice-cream bites covered in chocolate	R50
Tiramisu	Italian style cheesecake layered with finger biscuits soaked in espresso, brandy & glazed with chocolate	R55

Specialiy Coffees

Irish	whisky	R40
Kahlua	Kahlua	R45
Caribbean	rum	R40
Café Royal	brandy	R40

Coffee Corner

Filter		R18
Espresso	single	R18
	double	R24
Cappuccino		R25
Decaff		R24
Café Latte		R24
Hot Chocolate		R24
Tea	Five Roses	R18
Rooibos Tea		R18
Floats	assorted by choice	R30
Milk Shakes	assorted flavours	R40